



Information

Distance: 2.7km (0.9miles)

Average Time: 45mins (time may vary depending on pace)

Gradient: Both gentle & steep in places.

Starting Point: Nothe Car Parks

Public Transport: N/A

Parking: There is three pay and display areas for car parking operated by Dorset Council.

Accessibility: The gardens are mainly accessible by wheelchair although there is limited access to some of the lower paths. Some paths in the garden are steep or uneven.

Facilities

Café: The main café at the entrance to the gardens has a terrace where tables and chairs are set out during the summer for customers.

Ice Cream Hut: A small Wall's Ice Cream hut, located at the entrance to Newton's Cove, sells hot drinks and ice cream to passing trade during the warmer months.

Toilets: The public toilets are positioned in the centre of the gardens and are open all year round.

Cycle: Cycling is not permitted in the pleasure gardens this includes The Nothe Gardens.

1. From the car park you have the option to take a couple of different routes around the path but suggest the circular walk where you can go off at points to have a sit and enjoy the scenery. From the play park take the path to your right which will take you down a shaded path where if you are lucky you will see the resident squirrels. There are lots of fun activities to do around the Nothe Gardens like the **Nature Trail** and **Orienteering (map)**.
2. As you reach the end take the couple of steps down on the concrete path which runs along the bottom of the gardens, children can play in the rock pools (if low tide). There are a number of carved rock structures depicting sea creatures.
3. The path will start to rise at the end towards the Nothe Fort. There are a couple of points where you can take another path around the Nothe Gardens, or you can continue to the **Nothe Fort** – one ticket is valid for a year so you can return as often as you want.
4. If you have visited the Nothe Fort and are exiting or, if you have not visited then continue past the Nothe Fort and take the steps to your left just after the entrance to the Fort which takes you down to the Stone Pier where there is a Café where you can grab a bite to eat or a drink.
5. If you want to return to the Gardens you have two options; one to take any of the first couple of sets of stairs (which are steep) back to the Gardens or if you want a gentler set of steps continue until you reach the stone steps and you will be back at the top of the Gardens and can continue along the path under the trees.